

Yoga at Lulu's Barn

Name _____ Date of Birth _____
Street Address _____
City, State & Zip Code _____
Email _____ Phone Number _____
How did you hear about Yoga at Lulu's Barn? _____

Release and Waiver of Liability

I, _____, hereby agree to the following:

1. I am participating in yoga classes, health programs, workshops and/or other exercise and healing arts activities offered by Lulu's Barn and/or its owners, instructors, teachers, workshop presenters, employees and independent contractors.
2. I recognize that I must be in good physical and mental health to participate in the Activities. I understand that the Activities may require physical exertion and I represent and warrant that I am physically fit enough and I have no medical condition which would prevent my full participation in the activities. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Activities. If I have consulted a physician, I have taken the physician's advice. I understand that the Barn/Studio reserves the right in its absolute discretion to refuse my participation in an Activity on medical or fitness grounds.
3. I understand that it is my continuing responsibility to inform the Barn/Studio of any previous medical conditions, injuries or surgeries prior to my first class and any future changes to my medical condition.
4. In consideration of being permitted to participate in the Activities, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the Activities at the Barn/Studio.
5. In further consideration of being permitted to participate in the Activities, I knowingly, voluntarily and expressly waive any "Claims" I may have against Lulu's Barn, its owners and/or its instructors, teachers, and/or private contractors for any Claim that I may sustain as a result of participating in the Activities at Lulu's Barn.
6. I hereby understand that the Barn/Studio from time to time may photograph or video classes or events occurring at the Barn/Studio and place such photographs and videos on its website and social media.
7. This agreement shall be construed in accordance with, and governed by, the laws of the State of Maine.

I acknowledge that I have carefully read this Release and Waiver of Liability and fully understand its contents. I voluntarily and knowingly agree to the terms and conditions stated herein.

Signature of participant:

_____ Date _____

If participant is under 18:

As legal guardian of _____, I consent to the above Waiver of Release and Assumption of Liability Signature of parent/guardian _____